

The Role Of Ramadan Fasting Values For Character Education Of Elementary School Students



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Abstract

This article aims to study the values contained in fasting education for elementary school students. The values of education are the value of religious education, the value of moral education, social education, and cultural education values. Fasting is a religious activity that people Islam as a form of obedience to His God in addition to other services. Ramadan fasting is a refrain from eating, drinking, and having sex and other things that make it clear that fasting will not rise from dawn until sunset during Ramadan. The current phenomenon is increasingly reduced worship activities, tepo seliro, gotong royong, mutual help, and attitudes other positive attitudes such as honesty, discipline, responsibility, and tolerant living in life. Ramadan fasting not only emphasizes refraining from eating and drinking only, but training in improving faith, mental coaching, morality, and understanding the meaning of difference. In elementary school, these grades need to be instilled as a cornerstone of students in their development, especially in the aspects of personality such as: character, behavior, responsibility, discipline, and social spirit.

Keywords: Grades, Ramadan Fasting, Character Education.

I. INTRODUCTION

Every religion of course teaches his people about the good And forbid evil. Islam is the largest religion embraced by by Indonesians of 6 (six) government-recognized religion. In islamic religion there are various activities of sharia worship, among others Fast. Fasting is

an activity refrain from eating and drinking and all things that break the fast from dawn to sunset Sun. Fasting activities are divided into two parts, namely mandatory fasting and fasting Circumcision.

Ramadan fasting is part of mandatory fasting, therefore every (Muslims) are required (required) to carry it out. The meaning contained in Ramadan fasting of course only provides great benefits especially for the process of life. Fasting is basically not just holding back hunger and thirst alone, but how we control lust, emotion, and Attitude. Today, our education is a little concerned with the number of strange occurrences of our students, such as: brawls, drug abuse, and violence Sexual. It must be a special care of parents, teachers, and Government.

Education in schools is indeed regardless of family education. Parents as first educators are very responsible for educating children, due to the time available to get together with parents more than at school. It shows that the planting of values of welfare for the child starts from parental habits instill habit such as: worship, mutual respect, mutual respect, please help, empathy, discipline, responsibility, and living tolerantly. Thus, one of the one habit that can be instilled to the child is fasting. Because values contained in fasting in accordance with educational objectives.

Lately there are a lot of experts as well as educational practitioners who conduct research on the progress of education is primarily about character education planting. Wrong one expert, I Ketut Sumarta in his book entitled Education Expressing The Sense of Dissizing That —Our national education tends to accentuate the formation of intelligence thinking and pull out the placement of intelligence, intelligence, even inner intelligence. From here born with brainy men smart, highly accomplished human beings academic quantitative easing, but there is no and very unen budi at the same time (Philanthrop || y, 2012).

This shows that education has failed to shape our independent adult human beings and Characteristics. Therefore, the planting of positive values as contained in the Ramadan fasting is a way of or the smallest space that can be used to characterize education facilities for students especially elementary school students.

Lack of successful formation of independent human resources, discipline, responsibility, and character caused by several major factors, namely: the trend of the world experiencing changes, changing student attitudes, outside cultural influences, technological advances and information, the mentality of a weak nation, and multidimensional crises. This must be addressed immediately, do not be left spread and disrupt the stability of the nation based on the Constitution 1945 and Pancasila. The effort can be done through Education. Education in question is an education that instills character values performed wholeheartedly and thoroughly for all students regardless of differences in It. Religious education such as Ramadan fasting is able to instill faith, worship and akhlakul karimah, students as human beings. the best, which is what benefits people through its Wrong charity.

When we study further that character education must be instilled early (established) in the primary school students with grades, religious values are an effort to achieve the purpose of national education. Functions and objectives national education is to develop capabilities and character and civilization dignified nations in order to intelligent the life of the nation. National education aims to the potential of students to be a man of faith and God is All-forgiving, All-merciful. noble, healthy, well-educated, capable, be creative, independent, and become a citizen of democratic countries and (Sisdiknas Law, 2003).

Writing Objectives

The purpose of writing this article is to study the meaning contained and the role of ramadan fasting values for character education of elementary school children (SD). In addition, other objectives are to instill the values contained in the Ramadan fasting early on in the students as educational supplies and life in the future Upcoming.

Benefits of Writing

The expected benefits of writing this article is as a form of the author's concern for the especially in the formation and character reinforcement. Contributions to thought can be used as a means of enhancing knowledge and literature for world education, especially primary education. Furthermore, the expected benefits the author has with the presence of this simple can bring up new thinkers and activists education that cares and provides solutions to the nation's noise in order to the realization of a nation of character.

II. METODE

Value is something that is well-regarded, liked, and most rightly according to a person's beliefs or group of people so that their preferences are reflected in attitudes, attitudes, and his deeds (Maslikhah, 2009). Values are properties that are important/useful for humanity e.g., culture that can support the unity of must be preserved (KBBI, 1997). While Mulyana (2004 explained values are references and beliefs in choice. Choice explicitly includes us in considering something between the —good and bad || or —right and wrong || even —yes or no || .

The form of value planting can be through worship. Worship is a process of service, submission, obedience, and obedient to Allah SWT by keep His commandments and stay away from his prohibition. One form of obedience and compliance with Allah SWT, namely ramadan fasting. Fasting in Arabic and the Quran called —shaum or shiyam || which means refrain from anything and leave something or control the (Ali, 1998). Whereas according to the term experts, fasting is a noble deed has great benefits for anyone who carry it out, i.e. by restrain lust, leave the pleasure, and withstand eating and drinking done solely because of Allah SWT (Shad, 1993).

Based on this, Rajab (2011), explaining that —fasting understood as a rule that demands steadfastness, patience, conviction, and full calculation in its implementation. Two aspects of human beings that are not have been released from the fast, i.e. physical aspects and psychological aspects. On physical aspect, a Muslim who fasting refrains from eating and drinking. As for the psychological aspect, a muslims who fast comply with the and commands related to despicable traits, such as lying, takabur, squadding, hasad, envy, and riyah || . Related to ramadan fasting of course the understanding is the same only in different implementation times, i.e. held during each month of Ramadan a full month and the law is mandatory (fardu ain) for every Muslim.

When we look deeper than the meaning and value contained in the fasting ramadan according to Qardhawi is the same as well as other fasting services, namely: strengthen the soul, educate the will, healthy body, recognize the value of enjoyment, and insanize and feeling the suffering of others (Maxum, 2009). In addition, fasting ramadan also has wisdom (benefits) for the sustainability of the people or nation, among others:

1. Tazkiyat al-Nafsi (cleansing soul), i.e. by obeying his commandments, stay away from his prohibitions, and train yourself to perfect the worship to Allah SWT Solely.
2. Fasting in addition to a healthy body as examined by the doctor specialists, also wins aspects of psychiatric aspects of existing material aspects in man.
3. Fasting educates iradah (will), controlling lust, getting used to being patient, and can be uplifting.
4. Fasting can decrease the power of Sexual.
5. Can foster passion And allah is all-grateful.
6. Fasting reminds people rich in suffering and hunger experienced by the poor.
7. Can deliver humans being god fearing (Qardhawi, 2000).

Values and wisdom (benefits) this is what must be instilled in the child primary school so that they can have a basic foundation for education and have the right to good character. Characters owned of course, it will be different but the basis of its formation is the same good

value and bad value. Why So? Because the character is habits, dispositions, psychiatric qualities, morals or ethics that distinguish between someone with another and contains three main elements, namely knowing the good (good), loving the good (good) and do good (doing the good). Characters are values universal human behavior that includes whole life activities, both of which with God, himself, fellow human beings, as well as with environment that manifests in the mind, attitudes, words, and deeds based on religious norms, the culture, culture, and customs (Suyadi, 2013). Furthermore, the dimensions of human character lies in the aspect of attitudes, emotions, beliefs, habits and self-conception. While the values of in character education sourced to religion, Pancasila, culture, and national educational objectives consist of some elements, namely: religious, honest, tolerance, discipline, hard work, creative, independent, democratic, curiosity, nationality, the love of the homeland, appreciate achievements, friendly/communicative, peace-loving, love to read, care about the environment, social care, and responsibility.

III. RESULT AND DISCUSSION

1. Character Education in Elementary School

Character education in schools in line with the functions and functions of the national educational objectives. In education at every level, must be systematically organized to achieve that goal. It is related to the establishment of a students' characters so that they can competitive, ethical, immoral, courteous and interact with Community. Leading universities in Usa namely Harvard University suggest that it turns out that one's success is not determined solely by knowledge and hard skills only, but more by the ability to manage yourself and others (soft skills). This research revealed, success is only determined about 20% by hard skills and the remaining 80% by soft skills. Even people- the most successful people in the world can succeed because more supported soft skills rather than hard skills. This indicates that the quality of the education of students' character is very important to improve.

Despite the various shortcomings in the practice of education in primary schools (SD), when viewed from standard national education that is a reference to curriculum development and implementation of learning and assessment in schools, the real purpose of education achievable well. Coaching characters are also included in the to be taught and mastered and realized by students in daily life. However, character education issues in elementary schools (elementary schools) so far have only touched on the level of introduction of norms or values, and not yet at the level of internalization and real action in daily life.

In fact the majority Indonesian settlers adhere to the Islam. As a Country with the largest Muslim population of course Indonesia has a moral burden the character of his people. The pinnacle of a muslim's character his dignity, i.e. having a moral sublime ethics. The character built on an understanding of the nature and structure of human personality integrally. So that man taqwa character is a picture of ideal human beings, i.e. human beings who have spiritual intelligence (spiritual quotient). It is this spiritual intelligence that should be emphasized most in the Education. When spiritual intelligence primary school students succeed in upgrading, they will automatically improve intelligence such as emotional intelligence (emotional quotient), intelligence problem solving (adversity quotient) and intellectual intelligence quotient). Here's the real key to educational activities that are more successful religions in shaping students' personalities, especially elementary school students as a foundation for further education.

2. Implementation of Fasting Values Ramadan for Character Education Elementary School

Children Informal education especially family education has not been fully in line with the objectives of education, not even yet make an optimal contribution to the competency and education attainment of student character. Activities and activities parents, environment, association, media, and outside cultures have a huge influence on character and learning

achievements Students. One alternative form for the problem, i.e. by integrating education character in the field of subjects with the concept of integrated learning.

This integrated character education is very in line with the concept of learning conducted in primary schools (elementary schools) i.e. thematic learning is integrity. This means that character education can be integrated in the learning of every subject. Material learning related to norms or values in each eye lessons need to be developed, explicit, associated with the context of daily life. With thus, learning the values of characters not only on the cognitive impairment, but touching on the internalization, and real practice in daily student life in the community. Fasting activities have advantages over other worshippers. This is due to its personal nature hidden (invisible to the view of the human being). In a explained that fasting is (God) who is private and He (Allah) will also reward special and personal to the servants of his servants who are accepted by the charity of worship fasting (Bihar al-Anwaar, 1996). It is strengthened by a NU clergy namely K.H. Aqil Siraj, he explained, fasting is a momentum for the character of the nation. More than that, fasting will also give birth to human beings who have the principle of patience, patience and unyielding and have solidarity and love for one another. That principle is currently fading (even disappeared) in most Indonesian society.

In addition, fasting on the moon Ramadan can also be a school's agenda to character coaching. With fasting media students are expected to remember and want to return to their true identity holy and sublime with the re-presence of values of wisdom and Wise. When the value of human fitrah reappears, then the value of the understanding differences, being tolerant, solidarity, honesty, responsibility, patience, discipline, please help, empathy for the suffering of fellow living beings will can be re-attended coloring the days especially elementary school students.

This is what is fully contained in the values of Ramadan fasting and need to be taught and used even by the students. If we brooding and studying Islamic literature, humanitarian and social dimensions in fasting is actually very viscous and in accordance with all four educational resources characters, namely: religion, Pancasila, culture and national educational objectives.

Thus, through character education is expected by students to primary school has faith in and the dignity of the Almighty God Esa, noble, noble in character, intact academic competence and integrated, while having a personality in accordance with norms and Indonesian culture. Program success character education can be known through the achievement of indicators by students as listed in the in the Graduate Competency Standards, which including the following:

- A. Practice religious teachings that are embraced in accordance with the development;
- B. Understanding the disadvantages and advantages yourself;
- C. Show confidence;
- D. Comply with the social rules applicable in a more wide area;
- E. Respect religious diversity, cultures, tribes, races, and socioeconomic sphere national security;
- F. Find and apply information from the surrounding environment and other other sources logically, critically, and creative;
- G. Demonstrate thinking skills logical, critical, creative, and innovative;
- H. Demonstrate learning skills independently in accordance with the its potential;
- I. Demonstrate ability analyze and solve problems in daily life day; A. Describe the symptoms of nature and social issues;
- K. Make use of the environment responsible;
- L. Apply togetherness values in people's lives, and countries for the sake of the realization of unity in the country unity of the Republic of Indonesia;
- M. Appreciate art and culture national security;
- N. Appreciate work assignments and have the ability to work;
- O. Apply clean, healthy living, fit, safe, and utilizing free time well;
- Q. Communicate and interact effective and courteous; Q. Understanding self-rights and obligations and others in the association in community;
- R. Appreciate the differences opinions;

S. Shows a penchant for reading and writing simple short scripts. Based on the above, we need to understand that the world of education in Indonesia currently requires the concept of value-based character education. These values are instilled into students as a form of nation-building Characteristic. No character education a nation will experience setbacks, due to the educational process not just emphasizes the aspects of technicality only but must develop the values of humanity optimally.

IV. CONCLUSION

Business character education earnest, systematic and sustainable development to resurrect and strengthen awareness and confidence all Indonesians, that there is no there will be a better future without building and strengthening the Character. With honesty, discipline, persistence, a spirit of learning that develops a sense of responsibility, fostering unity in the midst of the middle of the contribution to joint progress, and confidence and optimism, is the nation's greatest challenge Indonesian.

This can be done with the planting of religious ethical values by the example of the family, schools and communities through strengthening the practice of worship, i.e. ramadan fasting, reading And the delusion of the Book of the Qur'an, the creation of an environment both physical and conducive social security. And when the spirituality of the child has been organized well, it will be easier to other aspects of personality.

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